

SOUTHERN CROSS COUNTRY 2016



SCHOOL FACTS & INFORMATION

Southern Regional School District

90 Cedar Bridge Road
Manahawkin, NJ 08050
609-597-9481
www.srsd.net

Superintendent	Mr. Craig Henry
Assisant Superintendent	Mr. Daniel MacPhee
Principal	Mr. Eric Wilhelm
Assistant Principal	Mr. Brian Zatorksi
Assistant Principal	Mr. Joseph Medica
Assistant Principal	Mr. Joseph DiPietro
Assistant Principal	Dr. Richard Falleta
Athletic Director	Mr. Charles Donohue, Jr.
Athletic Trainer	Mr. Joseph Caucino
School Mascot/NickName	The "Rams" / Rams
School Colors	Black & Gold

ROSTER

HEAD COACH: SCOTT BAKER

SENIORS

GUTIERREZ, KEVIN	MALONEY, WILLIAM	MCDONNELL, MATTHEW	YATES, ETHAN
KUBAREWICZ, WILLIAM	MAMUDSUKI, KYLE	REA, KENNETH	YATES, LUKE
LEEK, NICHOLAS	MARZANO, NEAL	SKODI, NATHAN	

JUNIORS

ADANATZIAN, EVAN	BEECROFT, COLIN	ELASSAR, MICHAEL	SCHNELL, MASON
ANDRIANI, MICHAEL	CONNER, DEVIN	KEYES, PAUL	VAN DECKER, MATTHEW
BARBACCIA, JAMES	DAHLBERG, JUSTIN	MCBRIDE, CONNOR	VAKIL, MANAV
BATES, DOMININC	DIEMER, SAMUEL	ROMANO, ROBERT	

SOPHOMORES

DAMATO, JAKE	JOHNSTON, THOMAS	PISCIONERI, DYLAN	VAN LIEW, DILLON
DEELY, CADEN	MIDDLETON, TREVOR	SCHAUB, MARTY	WATSON, BROOKS
FLAHERTY, RYAN	PELUSIO, SPENCER	SPRINGSTEAD, DAVID	WILGUS, DREW
FORTE, EVAN	PIERRO, MATTHEW	THALER, ERIC	

FRESHMAN

ADANATZIAN, RYAN	DAVIS, RYAN	MALONEY, RYAN	ROBINSON, CHAYNE
BATES, DEAN	JANI, JAYANT	OTT, RYAN	SEDDON, DANIEL
BOERO, COLIN	LABELLE, RYAN	PANICHELLO, ALEX	
CESPEDES-FLORES, ANTHONY	LEMLEY, NICHOLAS	PARKER, JOE	
COPPOLINO, PHILIP	LIETER, KEONI	RECK, ALEXANDER	



AWARDS



LETTER AWARDS

4th Year Varsity

Kubarewicz, William

Skodi, Nathan

Yates, Ethan

3rd Year Varsity

Adanatzian, Evan

Conner, Devin

Keyes, Paul

McBride, Connor

2nd Year Varsity

Thaler, Eric

Bates, Domininc

Schnell, Mason

Marzano, Neal

1st Year Varsity

Bates, Dean

Boero, Colin

Jani, Jayant

Lieter, Keoni

Forte, Evan

Middleton, Trevor

Van Liew, Dillon

Diemer, Samuel

Gutierrez, Kevin

Leek, Nicholas

Maloney, William

Mamudsuki, Kyle

McDonnell,

Matthew

Rea, Kenneth

Vakil, Manav

Yates, Luke

Honorary Varsity

Pelusio, Spencer

Junior Varsity

Adanatzian, Ryan

Cespedes-Flores,
Anthony

Coppolino, Philip

Davis, Ryan

LaBelle, Ryan

Lemley, Nicholas

Maloney, Ryan

Ott, Ryan

Panichello, Alex

Parker, Joe

Reck, Alexander

Robinson, Chayne

Seddon, Daniel

Damato, Jake

Deely, Caden

Flaherty, Ryan

Johnston, Thomas

Pierro, Matthew

Piscioneri, Dylan

Schaub, Marty

Springstead, David

Watson, Brooks

Wilgus, Drew

Andriani, Michael

Barbaccia, James

Beecroft, Colin

Dahlberg, Justin

Elassar, Michael

Romano, Robert

Van Decker,

Matthew

SPECIAL AWARDS

Rising Star Award

'rīziNG stār - noun

A person who is quickly becoming popular, successful, etc.

Synonyms: achiever, doer, go-getter, palpable presence, spark plug, up-and-comer.

Colin Boero

True Grit Award

troō grit - noun

Courage and resolve; strength of character.

Synonyms: courage, bravery, pluck, mettle, backbone, spirit, strength of character.

Sam Diemer

Perseverance Award

per·se·ver·ance - noun

Steadfastness in doing something despite difficulty or delay in achieving success.

Synonyms: persistence, tenacity, determination, staying power, steadfastness, purposefulness.

Ethan Yates

Lionheart Award

li·on·heart·ed - adjective

Brave and determined.

Synonyms: brave, courageous, valiant, gallant, intrepid, valorous, fearless, bold, daring.

Connor McBride

Golden Apple Award

göldən apəl - noun

One who subordinates personal aspirations and works in a coordinated effort with other members of a group, or team, in striving for a common goal

Synonyms: selfless, reliable, committed, enthusiastic, accountability, respectful

Mason Schnell

Coaches Award

kōCHs - noun

Presented to the athlete whose contribution to our success this season deserves the utmost recognition. For without him, none of our accolades would have been possible.

Synonyms: MVP

Paul Keyes

ALL-TIME LISTS



Top 50 5k Times

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Dragonetti, Eric	2012	11	2010.10.30	15:28	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T2	Valeriani, Matthew	2010	12	2009.10.06	15:32	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
T2	Skeie, Brandon	2011	12	2010.10.30	15:32	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
4	Burns, Kelly	1989	12	1988.09.26	15:34	Dual Meet vs. Lacey Township	Southern Regional High School, Manahawkin, NJ (??-95)
5	Roberts, Rich	1990	12	1989.10.18	15:42	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
6	Adanatian, Evan	2018	11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ
7	Keyes, Paul	2018	11	2016.10.13	15:45	Class A-South Championship	Ocean County Park, Lakewood, NJ
T8	Zarrillo, Vinnie	2001	12	2000.10.20	15:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
T8	Iacovelli, Jarred	2011	12	2010.10.30	15:47	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
10	Wareham, Rob	2001	10	1998.10.23	15:50	Ocean County Championships	Ocean County Park, Lakewood, NJ
11	Nocco, Nicholas	2014	12	2013.10.24	15:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
12	Simpson, Joseph	2005	12	2004.11.06	15:57	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
16	Decker, Brian	1991	11	1989.10.18	16:00	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
14	Clark, Adam	2001	10	1998.10.23	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ
15	Howley, Sean	2015	11	2013.10.24	16:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ
16	Stanziano, Brian	2000	11	1998.10.23	16:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
17	Cummings, Jim	1990	12	1989.10.16	16:05	Dual Meet vs. Manchester Township	Southern Regional High School, Manahawkin, NJ (??-95)
18	McBride, Connor	2018	11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
19	Sargent, Thomas	1998	12	1997.10.18	16:10	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
20	Raynor, Cody	2014	12	2013.10.24	16:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ
21	Brearley, Justin	2009	12	2008.10.30	16:12	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
22	Davies, CJ	2004	12	2003.10.28	16:15	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T23	Di Filippo, Joseph	2014	12	2013.10.24	16:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T23	Wasilewski Jr., William	2004	12	2003.10.28	16:16	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
25	Evans, Mike	2014	9	2010.10.30	16:18	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
26	Brearley, Colin	2007	11	2005.11.05	16:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
27	Smith, Tommy	1993	10	1990.10.31	16:21	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
28	Marino, David	2014	11	2012.10.25	16:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T29	Mardirosian, Nicholas	2011	12	2010.10.30	16:24	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T29	Yates, Ethan	2017	11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ
31	Armstrong, Jake	2008	12	2007.10.20	16:26	Ocean County Championships	Ocean County Park, Lakewood, NJ
32	Mershon, Stephen	2013	12	2012.10.25	16:27	Shore Conference Championships	Ocean County Park, Lakewood, NJ
33	Skodi, Nathan	2017	12	2016.10.20	16:28	Ocean County Championships	Ocean County Park, Lakewood, NJ
34	Grobosky, Josh	2005	11	2003.10.28	16:29	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
35	Stanziano, Joseph	2002	12	2001.10.15	16:31	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ
T36	Petit-Frere, Scotty	2016	12	2015.10.22	16:32	Ocean County Championships	Ocean County Park, Lakewood, NJ
T36	Kubarewicz, William	2017	12	2016.09.16	16:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
38	Elwood Jr., Brian Paul	2006	10	2003.10.28	16:33	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T39	Martin, Rich	1996	12	1995.10.28	16:34	NJSIAA Group 4 State Sectional Championships	Kingsway Regional High School, Swedesboro, NJ
T39	Tomczuk, Joseph	2009	12	2008.09.16	16:34	Double-Dual Meet vs. Brick Memorial & Toms River North	Ocean County Park, Lakewood, NJ
T39	O'Hearn, James	2014	12	2013.10.24	16:34	Shore Conference Championships	Ocean County Park, Lakewood, NJ
42	Lovenberg, William	2016	12	2015.10.15	16:36	Class A-South Championship	Ocean County Park, Lakewood, NJ
43	Maher, Ryan	1997	12	1996.10.12	16:39	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
44	Sherman, Victor	2008	11	2006.10.21	16:40	Ocean County Championships	Ocean County Park, Lakewood, NJ
T45	Abrams, Elliott	1992	11	1990.10.31	16:43	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
T45	Romanowski, Rob	2004	10	2001.10.15	16:43	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ
47	Maggion, Jack	1991	10	1988.11.07	16:46	Dual Meet vs. Monsignor Donovan	Southern Regional High School, Manahawkin, NJ (??-95)
48	Collett, Tyler	2000	11	1998.10.23	16:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
49	Ruggiano, Frank	2005	11	2003.10.28	16:49	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
50	Gifford, Troy	2012	11	2010.09.21	16:50	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ

CLASS LISTS

Seniors

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Valeriani, Matthew	2010	12	2009.10.06	15:32	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
2	Skeie, Brandon	2011	12	2010.10.30	15:32	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
3	Burns, Kelly	1989	12	1988.09.26	15:34	Dual Meet vs. Lacey Township	Southern Regional High School, Manahawkin, NJ (??-95)
4	Roberts, Rich	1990	12	1989.10.18	15:42	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
T5	Zarrillo, Vinnie	2001	12	2000.10.20	15:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
T5	Iacovelli, Jarred	2011	12	2010.10.30	15:47	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
7	Nocco, Nicholas	2014	12	2013.10.24	15:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
8	Simpson, Joseph	2005	12	2004.11.06	15:57	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
9	Dragonetti, Eric	2012	12	2011.10.20	16:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
10	Cummings, Jim	1990	12	1989.10.16	16:05	Dual Meet vs. Manchester Township	Southern Regional High School, Manahawkin, NJ (??-95)
11	Sargent, Thomas	1998	12	1997.10.18	16:10	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
12	Raynor, Cody	2014	12	2013.10.24	16:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T13	Brearley, Justin	2009	12	2008.10.30	16:12	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T13	Clark, Adam	2001	12	2000.10.28	16:12	NJSIAA Group 4 State Sectional Championships	Williamstown High School, Williamstown, NJ
15	Davies, CJ	2004	12	2003.10.28	16:15	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T16	Wasilewski Jr., William	2004	12	2003.10.28	16:16	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T16	Di Filippo, Joseph	2014	12	2013.10.24	16:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ
18	Howley, Sean	2015	12	2014.10.30	16:17	Shore Conference Championships	Ocean County Park, Lakewood, NJ
19	Evans, Michael	2014	12	2013.10.24	16:19	Shore Conference Championships	Ocean County Park, Lakewood, NJ
20	Decker, Brian	1991	12	1990.10.31	16:20	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
21	Wareham, Rob	2001	12	2000.10.20	16:22	Ocean County Championships	Ocean County Park, Lakewood, NJ
T22	Mardirosian, Nicholas	2011	12	2010.10.30	16:24	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T22	Marino, David	2014	12	2013.10.24	16:24	Shore Conference Championships	Ocean County Park, Lakewood, NJ
24	Armstrong, Jake	2008	12	2007.10.20	16:26	Ocean County Championships	Ocean County Park, Lakewood, NJ
25	Mershon, Stephen	2013	12	2012.10.25	16:27	Shore Conference Championships	Ocean County Park, Lakewood, NJ

Juniors

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Dragonetti, Eric	2012	11	2010.10.30	15:28	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
2	Adanatzian, Evan	2018	11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ
3	Keyes, Paul	2018	11	2016.10.13	15:45	Class A-South Championship	Ocean County Park, Lakewood, NJ
T4	Roberts, Rich	1990	11	1988.11.07	15:51	Dual Meet vs. Monsignor Donovan	Southern Regional High School, Manahawkin, NJ (??-95)
T4	Valeriani, Matthew	2010	11	2008.10.30	15:51	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
6	Decker, Brian	1991	11	1989.10.18	16:00	Dual Meet vs. Admiral Farragut Academy	Southern Regional High School, Manahawkin, NJ (??-95)
T7	Howley, Sean	2015	11	2013.10.24	16:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T7	Simpson, Joseph	2005	11	2003.10.24	16:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
9	Stanziano, Brian	2000	11	1998.10.23	16:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
10	Zarrillo, Vinnie	2001	11	1999.11.06	16:05	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
11	Skeie, Brandon	2011	11	2009.10.06	16:06	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
12	Wareham, Rob	2001	11	1999.11.06	16:08	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
13	McBride, Connor	2018	11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
14	Cummings, Jim	1990	11	1988.10.14	16:11	Double-Dual Meet vs. Admiral Farragut & Pinelands Regional	Southern Regional High School, Manahawkin, NJ (??-95)
15	Brearley, Colin	2007	11	2005.11.05	16:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
16	Davies, CJ	2004	11	2002.01.01	16:21	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ
T17	Raynor, Cody	2014	11	2012.10.11	16:22	Dual Meet vs. TR North & Brick Mem.	Southern Regional High School, Manahawkin, NJ
T17	Nocco, Nicholas	2014	11	2012.10.25	16:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ
19	Marino, David	2014	11	2012.10.25	16:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ
20	Yates, Ethan	2017	11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ
T21	Grobosky, Josh	2005	11	2003.10.28	16:29	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T21	Di Filippo, Joseph	2014	11	2012.10.25	16:29	Shore Conference Championships	Ocean County Park, Lakewood, NJ
23	Iacovelli, Jarred	2011	11	2009.10.06	16:30	Double-Dual Meet vs. Brick Township & Toms River North	Southern Regional High School, Manahawkin, NJ
24	Kubarewicz, William	2017	11	2015.10.15	16:34	Class A-South Championship	Ocean County Park, Lakewood, NJ
25	Clark, Adam	2001	11	1999.11.06	16:35	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ

CLASS LISTS

Sophomore

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Wareham, Rob	2001	10	1998.10.23	15:50	Ocean County Championships	Ocean County Park, Lakewood, NJ
2	Dragonetti, Eric	2012	10	2009.10.22	15:51	Ocean County Championships	Ocean County Park, Lakewood, NJ
3	Clark, Adam	2001	10	1998.10.23	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ
4	Adanatian, Evan	2018	10	2015.10.15	16:16	Class A-South Championship	Ocean County Park, Lakewood, NJ
T5	Smith, Tommy	1993	10	1990.10.31	16:21	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
T5	Skeie, Brandon	2011	10	2008.10.30	16:21	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
7	Keyes, Paul	2018	10	2015.10.29	16:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ
8	Howley, Sean	2015	10	2012.10.25	16:25	Shore Conference Championships	Ocean County Park, Lakewood, NJ
9	Marino, David	2014	10	2011.10.04	16:31	Double-Dual Meet vs. Brick Memorial & Toms River North	Ocean County Park, Lakewood, NJ
10	Elwood Jr., Brian Paul	2006	10	2003.10.28	16:33	Dual Meet vs. Toms River South	Ocean County College, Toms River, NJ
T11	Zarrillo, Vinnie	2001	10	1998.10.23	16:37	Ocean County Championships	Ocean County Park, Lakewood, NJ
T11	McBride, Connor	2018	10	2015.10.22	16:37	Ocean County Championships	Ocean County Park, Lakewood, NJ
T13	Kubarewicz, William	2017	10	2014.09.19	16:41	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
T13	Stanziano, Brian	2000	10	1997.11.08	16:41	NJSIAA Group 4 State Sectional Championships	Kingsway Regional High School, Swedesboro, NJ
15	Romanowski, Rob	2004	10	2001.10.15	16:43	Dual Meet vs. Toms River East	Southern Regional High School, Manahawkin, NJ
16	Maggion, Jack	1991	10	1988.11.07	16:46	Dual Meet vs. Monsignor Donovan	Southern Regional High School, Manahawkin, NJ (??-95)
17	Yates, Ethan	2017	10	2014.09.19	16:49	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
18	Iacovelli, Jarred	2011	10	2008.10.30	16:52	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
19	Tomczuk, Joseph	2009	10	2006.10.21	16:58	Ocean County Championships	Ocean County Park, Lakewood, NJ
T20	Burns, Kelly	1989	10	1986.09.13	16:59	Ocean County Championships	Ocean County Park, Lakewood, NJ (New Course)
T20	Valeriani, Matthew	2010	10	2007.10.20	16:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
22	Decker, Brian	1991	10	1988.10.14	17:00	Double-Dual Meet vs. Admiral Farragut & Pinelands Regional	Southern Regional High School, Manahawkin, NJ (??-95)
23	Simpson, Joseph	2005	10	2002.10.08	17:01	Dual Meet vs. Toms River North	Toms River North High School, Toms River, NJ
24	Gray, John	2007	10	2004.10.05	17:02	Dual Meet vs. Toms River North	Southern Regional High School, Manahawkin, NJ
25	Raynor, Cody	2014	10	2011.10.20	17:07	Ocean County Championships	Ocean County Park, Lakewood, NJ

Freshman

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Evans, Michael	2014	9	2010.10.30	16:18	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T2	Wareham, Rob	2001	9	1997.10.18	16:25	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
T2	Dragonetti, Eric	2012	9	2008.10.30	16:25	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
4	Keyes, Paul	2018	9	2014.10.30	16:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ
5	Stanziano, Brian	2000	9	1996.10.12	16:32	South Jersey Open Invitational	Kingsway Regional High School, Swedesboro, NJ
6	Howley, Sean	2015	9	2011.10.04	16:41	Dual Meet vs. Brick Memorial & Toms River North	Ocean County Park, Lakewood, NJ
7	Adanatzain, Evan	2018	9	2014.10.30	16:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ
8	Conlon, Mike	1993	9	1989.10.20	17:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
9	Romanowski, Rob	2004	9	2000.09.26	17:14	Dual Meet vs. Toms River North	Toms River North High School, Toms River, NJ
10	Elwood Jr., Brian Paul	2006	9	2002.10.08	17:15	Dual Meet vs. Toms River North	Toms River North High School, Toms River, NJ
T11	McBride, Connor	2018	9	2014.10.30	17:18	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T11	Simpson, Joseph	2005	9	2001.10.19	17:18	Ocean County Championships	Ocean County Park, Lakewood, NJ
T11	Marino, David	2014	9	2010.10.30	17:18	Shore Conference Frosh/JV Championships	Ocean County Park, Lakewood, NJ
14	Schmidt, Andrew	2008	9	2004.10.26	17:26	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ
15	Zarrillo, Vinnie	2001	9	1997.11.08	17:34	NJSIAA Group 4 State Sectional Championships	Kingsway Regional High School, Swedesboro, NJ
16	Skeie, Brandon	2011	9	2007.10.20	17:36	Ocean County Championships	Ocean County Park, Lakewood, NJ
17	Smith, Tommy	1993	9	1989.10.10	17:39	Dual Meet vs. Central Regional & Pinelands Regional	Southern Regional High School, Manahawkin, NJ (??-95)
18	Ward, James	2015	9	2011.11.01	17:45	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
19	Limosnero, Alex	2014	9	2010.09.14	17:48	Dual Meet vs. Brick Memorial	Ocean County Park, Lakewood, NJ
T20	Stackhouse, Scott	1994	9	1990.10.31	17:49	Dual Meet vs. Toms River South	Southern Regional High School, Manahawkin, NJ (??-95)
T20	Falkowski, Brian	1995	9	1991.09.01	17:49	Dual Meet vs. Manchester Township	Southern Regional High School, Manahawkin, NJ (??-95)
T22	Stanziano, Joseph	2002	9	1998.10.06	17:53	Dual Meet vs. Brick Memorial	Ocean County Park, Lakewood, NJ
T22	Grobosky, Josh	2005	9	2001.10.30	17:53	Dual Meet vs. Toms River North	UNKNOWN
24	Jani, Jayant	2020	9	2016.10.27	17:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ
25	Boero, Colin	2020	9	2016.10.13	17:58	Class A-South Championship	Ocean County Park, Lakewood, NJ

2-MILE LISTS

Freshman

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
2	Dragonetti, Eric	2012	9	2008.09.20	10:39	Cherokee Challenge	Cherokee High School, Marlton, NJ
3	Skodi, Nathan	2017	9	2013.10.24	10:42	Shore Conference Championships	Ocean County Park, Lakewood, NJ
4	Boero, Colin	2020	9	2016.10.27	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ
5	Howley, Sean	2015	9	2011.09.10	10:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
T6	Kubarewicz, William	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T6	Yates, Ethan	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
8	Stanziano, Joseph	2002	9	1998.10.23	10:53	Ocean County Championships	Ocean County Park, Lakewood, NJ
9	O'Malley, Ryan	2002	9	1998.10.23	10:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
10	Thaler, Eric	2019	9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ
11	Springstead, David	2019	9	2015.10.22	11:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Jani, Jayant	2020	9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
13	Bates, Dean	2020	9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ
T14	Wareham, Rob	2001	9	1997.11.01	11:05	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T14	Buttiglieri, Vincent	1999	9	1995.10.20	11:05	Ocean County Championships	Ocean County Park, Lakewood, NJ
T14	Evans, Michael	2014	9	2010.09.11	11:05	Cherokee Challenge	Cherokee High School, Marlton, NJ
17	Falkowski, Brian	1995	9	1991.10.25	11:06	Ocean County Championships	Ocean County Park, Lakewood, NJ
T18	Grobosky, Josh	2005	9	2001.11.03	11:07	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T18	Elwood Jr., Brian Paul	2006	9	2002.09.21	11:07	Monmouth Battlefield Class Meet	Monmouth Battlefield State Park, Manalapan, NJ
T18	Simpson, Joseph	2005	9	2001.09.22	11:07	Monmouth Battlefield Class Meet	Monmouth Battlefield State Park, Manalapan, NJ
21	Stanziano, Michael	2005	9	2001.11.03	11:09	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
22	Lemley, Nicholas	2020	9	2016.10.20	11:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
T23	Estelow, Doug	1997	9	1993.10.16	11:12	Monmouth Battlefield Class Meet	Monmouth Battlefield State Park, Manalapan, NJ
T23	Stanziano, Brian	2000	9	1996.09.20	11:12	Monmouth Battlefield Class Meet	Monmouth Battlefield State Park, Manalapan, NJ
T25	Limosnero, Alex	2014	9	2010.09.11	11:14	Cherokee Challenge	Cherokee High School, Marlton, NJ
T25	Schwerzel, Austin	2012	9	2008.10.29	11:14	Shore Conference Frosh/JV Championships	Ocean County Park, Lakewood, NJ

Top 25

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Valeriani, Matthew	2010	12	2009.09.12	09:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
2	Dragonetti, Eric	2012	11	2010.09.11	09:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
3	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
4	Simpson, Joseph	2005	12	2004.09.18	10:09	Cherokee Challenge	Cherokee High School, Marlton, NJ
5	Tomczuk, Joseph	2009	12	2008.09.20	10:12	Cherokee Challenge	Cherokee High School, Marlton, NJ
6	Skeie, Brandon	2011	12	2010.09.11	10:18	Cherokee Challenge	Cherokee High School, Marlton, NJ
T7	Sherman, Victor	2008	12	2007.09.15	10:23	Cherokee Challenge	Cherokee High School, Marlton, NJ
T7	Gifford, Troy	2012	11	2010.09.11	10:23	Cherokee Challenge	Cherokee High School, Marlton, NJ
9	Stanziano, Brian	2000	11	1998.10.06	10:24	Dual Meet vs. Brick Memorial	Ocean County Park, Lakewood, NJ
10	Armstrong, Jake	2008	12	2007.09.15	10:26	Cherokee Challenge	Cherokee High School, Marlton, NJ
11	Mardirosian, Nicholas	2011	12	2010.09.11	10:32	Cherokee Challenge	Cherokee High School, Marlton, NJ
12	Prandato, James	2007	12	2006.09.16	10:33	Cherokee Challenge	Cherokee High School, Marlton, NJ
13	Yates, Ethan	2017	11	2015.09.12	10:37	Cherokee Challenge	Cherokee High School, Marlton, NJ
14	Iacovelli, Jarred	2011	12	2010.09.11	10:38	Cherokee Challenge	Cherokee High School, Marlton, NJ
15	Adanatzian, Evan	2018	10	2015.09.12	10:41	Cherokee Challenge	Cherokee High School, Marlton, NJ
16	Minotti, Nicholas	2007	12	2006.09.16	10:42	Cherokee Challenge	Cherokee High School, Marlton, NJ
T17	Marino, David	2014	10	2011.09.10	10:48	Cherokee Challenge	Cherokee High School, Marlton, NJ
T17	Boero, Colin	2020	9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ
19	Schwerzel, Austin	2012	11	2010.09.11	10:50	Cherokee Challenge	Cherokee High School, Marlton, NJ
20	Howley, Sean	2015	9	2011.09.10	10:51	Cherokee Challenge	Cherokee High School, Marlton, NJ
T21	Kubarewicz, William	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T21	McBride, Connor	2018	10	2015.09.12	10:52	Cherokee Challenge	Cherokee High School, Marlton, NJ
23	Stanziano, Joseph	2002	9	1998.10.23	10:53	Ocean County Championships	Ocean County Park, Lakewood, NJ
24	Petit-Frere, Scotty	2016	12	2015.09.12	10:54	Cherokee Challenge	Cherokee High School, Marlton, NJ
25	Skodi, Nathan	2017	9	2013.09.20	10:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ

COURSE LISTS

Bowdoin Park

Rank	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Valeriani, Matthew	2010	12	2009.09.26	16:38	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
2	Dragonetti, Eric	2012	10	2009.09.26	16:58	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
3	Adanatizian, Evan	2018	10	2015.09.26	17:08	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
4	Yates, Ethan	2017	11	2015.09.26	17:11	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
5	Keyes, Paul	2018	11	2016.09.22	17:12	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
6	Skeie, Brandon	2011	11	2009.09.26	17:15	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
7	Mershon, Stephen	2013	12	2012.09.22	17:19	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
8	Raynor, Cody	2014	12	2013.09.28	17:22	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
9	Howley, Sean	2015	11	2013.09.28	17:31	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
10	McBride, Connor	2018	11	2016.09.22	17:37	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
11	Skodi, Nathan	2018	12	2016.09.22	17:40	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T12	Nocco, Nicholas	2014	11	2012.09.22	17:42	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T12	Di Filippo, Joseph	2014	12	2013.09.28	17:42	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T14	Iacovelli, Jarred	2011	11	2009.09.26	17:43	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
T14	Lovenberg, William	2016	12	2015.09.26	17:43	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
16	Marino, David	2014	12	2013.09.28	17:45	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
17	Kubarewicz, William	2017	11	2015.09.26	17:46	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
18	Gifford, Troy	2012	10	2009.09.26	18:01	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
19	Evans, Michael	2014	12	2013.09.28	18:06	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
20	Schnell, Mason	2018	11	2016.09.22	18:09	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
21	O'Hearn, James	2014	12	2013.09.28	18:10	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
22	Mardirosian, Nicholas	2011	11	2009.09.26	18:13	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
23	Herega, Ryan	2011	11	2009.09.26	18:16	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
24	Ward, James	2015	11	2013.09.28	18:22	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY
25	Garrison, Nicholas	2015	10	2012.09.22	18:28	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY

Delsea Varsity Course

	Athlete	Class Of	Grade	Date	Time	Meet	Location
1	Valeriani, Matthew	2010	12	2009.11.07	15:46	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
2	Dragonetti, Eric	2012	10	2009.11.07	16:02	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
3	Skeie, Brandon	2011	12	2010.11.06	16:06	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
4	Iacovelli, Jarred	2011	12	2010.11.06	16:18	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
5	Keyes, Paul	2018	11	2016.11.05	16:19	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
6	Brearley, Colin	2007	11	2005.11.05	16:20	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
7	Nocco, Nicholas	2014	12	2013.11.09	16:25	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
8	Simpson, Joseph	2005	12	2004.10.30	16:27	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
9	Adanatizian, Evan	2018	10	2015.11.07	16:33	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
10	Marino, David	2014	10	2011.11.05	16:38	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
11	Davies, CJ	2004	12	2003.11.07	16:40	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
12	Brearley, Justin	2009	12	2008.11.08	16:41	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
13	Skodi, Nathan	2017	12	2016.11.05	16:42	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T14	Mardirosian, Nicholas	2011	12	2010.11.06	16:43	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T14	Yates, Ethan	2017	11	2015.11.07	16:43	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
16	Tomczuk, Joseph	2009	12	2008.10.11	16:46	South Jersey Open Invitational	Delsea Regional High School, Franklinville, NJ
T17	Kubarewicz, William	2017	11	2015.11.07	16:47	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T17	Di Filippo, Joseph	2014	11	2012.11.10	16:47	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
19	Gray, John	2007	11	2005.11.05	16:51	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
20	Howley, Sean	2015	10	2012.11.10	16:52	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
21	McBride, Connor	2018	11	2016.11.05	16:54	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T22	Petit-Frere, Scotty	2016	11	2014.11.08	16:55	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T22	Wasilewski Jr., William	2004	12	2003.11.07	16:55	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T24	Mershon, Stephen	2013	11	2011.11.05	16:57	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ
T24	Armstrong, Jake	2008	12	2007.11.03	16:57	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ

COURSE LISTS

Ocean County Park Varsity Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Dragonetti, Eric	2012	11	2010.10.30	15:28	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
2	Skeie, Brandon	2011	12	2010.10.30	15:32	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
3	Valeriani, Matthew	2010	12	2009.10.22	15:40	Ocean County Championships	Ocean County Park, Lakewood, NJ
4	Adanatzian, Evan	2018	11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ
5	Keyes, Paul	2018	11	2016.10.13	15:45	Class A-South Championship	Ocean County Park, Lakewood, NJ
T6	Zarrillo, Vinnie	2001	12	2000.10.20	15:47	Ocean County Championships	Ocean County Park, Lakewood, NJ
T6	Iacovelli, Jarred	2011	12	2010.10.30	15:47	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
8	Wareham, Rob	2001	10	1998.10.23	15:50	Ocean County Championships	Ocean County Park, Lakewood, NJ
9	Nocco, Nicholas	2014	12	2013.10.24	15:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
10	Simpson, Joseph	2005	12	2004.11.06	15:57	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
11	Clark, Adam	2001	10	1998.10.23	16:01	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Howley, Sean	2015	11	2013.10.24	16:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ
13	Stanziano, Brian	2000	11	1998.10.23	16:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
14	McBride, Connor	2018	11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
15	Raynor, Cody	2014	12	2013.10.24	16:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ
16	Brearley, Justin	2009	12	2008.10.30	16:12	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
17	Di Filippo, Joseph	2014	12	2013.10.24	16:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ
18	Evans, Michael	2014	9	2010.10.30	16:18	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
19	Sargent, Thomas	1998	12	1997.10.24	16:19	Ocean County Championships	Ocean County Park, Lakewood, NJ
T20	Davies, CJ	2004	12	2003.10.24	16:23	Ocean County Championships	Ocean County Park, Lakewood, NJ
T20	Marino, David	2014	11	2012.10.25	16:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T23	Mardirosian, Nicholas	2011	12	2010.10.30	16:24	Shore Conference Varsity Championships	Ocean County Park, Lakewood, NJ
T23	Yates, Ethan	2017	11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ
24	Brearley, Colin	2007	11	2005.09.20	16:25	Class A-South Championship Varsity	Ocean County Park, Lakewood, NJ
T25	Armstrong, Jake	2008	12	2007.10.20	16:26	Ocean County Championships	Ocean County Park, Lakewood, NJ
T25	Wasilewski Jr., William	2004	12	2003.10.24	16:26	Ocean County Championships	Ocean County Park, Lakewood, NJ

Ocean County Park 2 Mile Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Keyes, Paul	2018	9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ
2	Stanziano, Brian	2000	11	1998.10.06	10:24	Dual Meet vs. Brick Memorial	Ocean County Park, Lakewood, NJ
3	Skodi, Nathan	2017	9	2013.10.24	10:42	Shore Conference Championships	Ocean County Park, Lakewood, NJ
4	Boero, Colin	2020	9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ
T5	Kubarewicz, William	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T5	Yates, Ethan	2017	9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ
7	Stanziano, Joseph	2002	9	1998.10.23	10:53	Ocean County Championships	Ocean County Park, Lakewood, NJ
8	O'Malley, Ryan	2002	9	1998.10.23	10:59	Ocean County Championships	Ocean County Park, Lakewood, NJ
9	Thaler, Eric	2019	9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ
10	Springstead, David	2019	9	2015.10.22	11:02	Ocean County Championships	Ocean County Park, Lakewood, NJ
11	Jani, Jayant	2020	9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ
12	Bates, Dean	2020	9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ
T13	Wareham, Rob	2001	9	1997.11.01	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T13	Buttiglieri, Vincent	1999	9	1995.10.20	11:05	Ocean County Championships	Ocean County Park, Lakewood, NJ
T13	Thaler, Eric	2019	9	2015.10.29	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ
16	Falkowski, Brian	1995	9	1991.10.25	11:06	Ocean County Championships	Ocean County Park, Lakewood, NJ
17	Grobosky, Josh	2005	9	2001.11.03	11:07	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T18	Stanziano, Michael	2005	9	2001.11.03	11:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T18	Lemley, Nicholas	2020	9	2016.10.20	11:09	Ocean County Championships	Ocean County Park, Lakewood, NJ
20	Schwerzel, Austin	2012	9	2008.10.29	11:14	Shore Conference Championships	Ocean County Park, Lakewood, NJ
T21	Wilgus, Drew	2019	9	2015.10.22	11:15	Ocean County Championships	Ocean County Park, Lakewood, NJ
T21	Cespedes-Flores, Anthony	2020	9	2016.10.20	11:15	Ocean County Championships	Ocean County Park, Lakewood, NJ
23	Keizer, Timothy	2014	9	2010.10.21	11:17	Ocean County Championships	Ocean County Park, Lakewood, NJ
T24	Zarrillo, Vinnie	2001	9	1997.10.24	11:20	Ocean County Championships	Ocean County Park, Lakewood, NJ
T24	Mollema, Keith	2002	9	1998.10.23	11:20	Ocean County Championships	Ocean County Park, Lakewood, NJ

COURSE LISTS

Holmdel Varsity Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Valeriani, Matthew	2010	12	2009.10.03	16:14	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
2	Skeie, Brandon	2011	12	2010.11.20	16:19	NJSIAA State Championships (Meet Of Champions)	Holmdel Park, Holmdel, NJ
T3	Adanatzian, Evan	2018	11	2016.10.01	16:29	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T3	Simpson, Joseph	2005	12	2004.11.20	16:29	NJSIAA State Championships (Meet Of Champions)	Holmdel Park, Holmdel, NJ
T5	Zarrillo, Vinnie	2001	12	2000.11.11	16:30	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T5	Dragonetti, Eric	2012	11	2010.10.02	16:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
7	Brearley, Colin	2007	11	2005.11.12	16:40	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
8	Iacovelli, Jarred	2011	12	2010.11.13	16:41	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
9	Clark, Adam	2001	12	2000.10.07	16:42	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
10	Wareham, Rob	2001	11	1999.11.13	16:50	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
11	Brearley, Justin	2009	12	2008.11.22	16:56	NJSIAA State Championships (Meet Of Champions)	Holmdel Park, Holmdel, NJ
12	Martin, Rich	1996	12	1995.11.04	16:59	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
13	Keyes, Paul	2018	11	2016.11.12	17:01	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
14	Davies, CJ	2004	11	2002.11.02	17:04	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
15	Tomczuk, Joseph	2009	12	2008.10.04	17:05	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
T16	Armstrong, Jake	2008	12	2007.10.29	17:07	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
T16	Nocco, Nicholas	2014	12	2013.11.16	17:07	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T18	Schwerdt, Jeff	1996	12	1995.11.04	17:08	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
T18	Stanziano, Brian	2000	11	1998.11.07	17:08	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
T20	Marino, David	2014	11	2012.11.17	17:11	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T20	Raynor, Cody	2014	12	2013.11.16	17:11	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
T20	Wasilewski Jr., William	2004	12	2003.11.01	17:11	Shore Conference Varsity Championships	Holmdel Park, Holmdel, NJ
23	Di Filippo, Joseph	2014	11	2012.11.17	17:12	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
24	Yates, Ethan	2017	11	2015.11.14	17:14	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ
25	Stanziano, Joseph	2002	12	2001.10.06	17:15	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ

Holmdel 2 Mile Course

	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>
1	Buttiglieri, Vincent	1999	9	1995.11.04	11:20	Shore Conference Championships	Holmdel Park, Holmdel, NJ
2	Wareham, Rob	2001	9	1997.10.04	11:38	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
3	Romanowski, Scott Kevin	1999	9	1995.11.04	11:47	Shore Conference Championships	Holmdel Park, Holmdel, NJ
4	Keyes, Paul	2018	9	2014.09.23	11:52	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ
5	Simpson, Joseph	2005	9	2001.10.06	11:57	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
6	Schmidt, Andrew	2008	9	2004.10.02	12:02	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
7	Stanziano, Joseph	2002	9	1998.10.03	12:09	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
8	Zarrillo, Vinnie	2001	9	1997.10.04	12:11	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
9	Minotti, Nicholas	2007	9	2003.10.04	12:12	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
10	Stanziano, Joseph	2002	9	1998.11.07	12:13	Shore Conference Championships	Holmdel Park, Holmdel, NJ
11	O'Malley, Ryan	2002	9	1998.11.07	12:13	Shore Conference Championships	Holmdel Park, Holmdel, NJ
12	Praschil, Justin Alan	1999	9	1995.11.04	12:21	Shore Conference Championships	Holmdel Park, Holmdel, NJ
13	Grobosky, Josh	2005	9	2001.10.06	12:23	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
14	Boero, Colin	2020	9	2016.10.01	12:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
15	Stanziano, Michael	2005	9	2001.10.06	12:27	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
16	O'Malley, Ryan	2002	9	1998.10.03	12:29	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
17	Valeriani, Matthew	2010	9	2006.10.07	12:33	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
18	Hollingshead, Dylan	2007	9	2003.11.01	12:34	Shore Conference Championships	Holmdel Park, Holmdel, NJ
19	Prandato, James	2007	9	2003.11.01	12:35	Shore Conference Championships	Holmdel Park, Holmdel, NJ
20	Jani, Jayant	2020	9	2016.10.01	12:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
21	Prandato, James	2007	9	2003.10.04	12:37	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
22	Breitweiser, David	2007	9	2003.10.04	12:38	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
23	Minotti, Nicholas	2007	9	2003.11.01	12:38	Shore Conference Championships	Holmdel Park, Holmdel, NJ
24	Thaler, Eric	2019	9	2015.10.03	12:39	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ
25	Lemley, Nicholas	2020	9	2016.10.01	12:40	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ

MEET RESULTS



Invitational: Cherokee Challenge

Date: September 10th, 2016

Location: Cherokee High School, Marlton, NJ

Weather: Temperature: 95°

Top 12:

Keyes, Paul
 Schnell, Mason
 Kubarewicz, William
 Thaler, Eric
 Skodi, Nathan
 Bates, Domininc
 Conner, Devin
 Lieter, Keoni
 Marzano, Neal
 Adanatgian, Evan
 McBride, Connor
 Yates, Ethan

Meet Apple:

Schnell, Mason

Athlete	Class Of	Grade	Time
Kubarewicz, William	2017	12	11:10
Skodi, Nathan	2017	12	11:19
Marzano, Neal	2017	12	11:46
Mamudsuki, Kyle	2017	12	12:58
Rea, Kenneth	2017	12	13:45
Yates, Luke	2017	12	14:18
McDonnell, Matthew	2017	12	14:35
Gutierrez, Kevin	2017	12	15:35
Athlete	Class Of	Grade	Time
Keyes, Paul	2018	11	10:27
Schnell, Mason	2018	11	10:59
Bates, Domininc	2018	11	11:22
Conner, Devin	2018	11	11:23
Diemer, Samuel	2018	11	12:02
Elassar, Michael	2018	11	13:27
Andriani, Michael	2018	11	13:37
Van Decker, Matthew	2018	11	16:35

Athlete	Class Of	Grade	Time
Thaler, Eric	2019	10	11:19
Middleton, Trevor	2019	10	12:14
Flaherty, Ryan	2019	10	12:30
Van Liew, Dillon	2019	10	12:54
Wilgus, Drew	2019	10	12:55
Pelusio, Spencer	2019	10	13:34
Forte, Evan	2019	10	13:38
Deely, Caden	2019	10	14:01
Watson, Brooks	2019	10	14:08
Pierro, Matthew	2019	10	14:09
Johnston, Thomas	2019	10	14:42
Piscioneri, Dylan	2019	10	15:26
Damato, Jake	2019	10	17:12
Schaub, Marty	2019	10	17:32
Athlete	Class Of	Grade	Time
Lieter, Keoni	2020	9	11:31
Jani, Jayant	2020	9	12:00
Boero, Colin	2020	9	12:15
Bates, Dean	2020	9	12:17
Cespedes-Flores, Anthony	2020	9	12:17
Ott, Ryan	2020	9	12:48
Coppolino, Philip	2020	9	13:39
Reck, Alexander	2020	9	13:51
Davis, Ryan	2020	9	14:18
LaBelle, Ryan	2020	9	14:24
Robinson, Chayne	2020	9	14:35
Maloney, Ryan	2020	9	15:25



Invitational: Battle at Ocean County Park

Date: September 16th, 2016

Location: Ocean County Park, Lakewood, NJ

Weather: Temperature: 75°

Top 12:

Keyes, Paul
 Kubarewicz, William
 Yates, Ethan
 Skodi, Nathan
 Schnell, Mason
 Conner, Devin
 Bates, Domininc
 Marzano, Neal
 Thaler, Eric
 Middleton, Trevor

Athlete	Grade	Time	Distance	Athlete	Grade	Time	Distance
Lemley, Nicholas	9	11:37	2 Miles	Keyes, Paul	11	16:05	5k
Coppolino, Philip	9	11:47	2 Miles	Schnell, Mason	11	17:01	5k
Ott, Ryan	9	11:47	2 Miles	Conner, Devin	11	17:16	5k
Reck, Alexander	9	12:18	2 Miles	Bates, Domininc	11	17:28	5k
Maloney, Ryan	9	12:29	2 Miles	Diemer, Samuel	11	18:15	5k
Robinson, Chayne	9	12:54	2 Miles	Elassar, Michael	11	20:09	5k
LaBelle, Ryan	9	12:57	2 Miles	Andriani, Michael	11	20:44	5k
Panichello, Alex	9	13:09	2 Miles	Van Decker, Matthew	11	25:06	5k
Davis, Ryan	9	13:11	2 Miles	<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Parker, Joe	9	16:02	2 Miles	Kubarewicz, William	12	16:32	5k
<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	Yates, Ethan	12	16:40	5k
Thaler, Eric	10	17:40	5k	Skodi, Nathan	12	16:45	5k
Middleton, Trevor	10	18:08	5k	Marzano, Neal	12	17:37	5k
Jani, Jayant	9	18:12	5k	Mamudsuki, Kyle	12	18:43	5k
Boero, Colin	9	18:16	5k	Leek, Nicholas	12	18:54	5k
Van Liew, Dillon	10	18:23	5k	Yates, Luke	12	20:39	5k
Bates, Dean	9	18:30	5k	Rea, Kenneth	12	20:42	5k
Forte, Evan	10	18:56	5k	McDonnell, Matthew	12	20:56	5k
Flaherty, Ryan	10	19:13	5k	Maloney, William	12	22:20	5k
Springstead, David	10	20:14	5k				
Pelusio, Spencer	10	20:18	5k				
Watson, Brooks	10	21:15	5k				
Pierro, Matthew	10	21:40	5k				
Johnston, Thomas	10	21:58	5k				
Damato, Jake	10	24:07	5k				
Piscioneri, Dylan	10	24:49	5k				
Schaub, Marty	10	26:46	5k				

Meet Apple

Middleton, Trevor

Invitational: Bowdoin Park Cross Country Classic

Date: September 24th, 2016

Location: Bowdoin County Park, Wappingers Falls, NY

Top 12:

Keyes, Paul
McBride, Connor
Skodi, Nathan
Schnell, Mason
Conner, Devin
Bates, Domininc
Thaler, Eric
Marzano, Neal
Middleton, Trevor
Kubarewicz, William
Adanatzian, Evan
Yates, Ethan

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>
Keyes, Paul	2018	11	17:12
McBride, Connor	2018	11	17:37
Skodi, Nathan	2018	12	17:40
Schnell, Mason	2018	11	18:09
Conner, Devin	2018	11	18:29
Kubarewicz, William	2017	12	DNF
Adanatzian, Evan	2018	11	DNF
Bates, Domininc	2018	11	18:51
Thaler, Eric	2019	10	18:57
Marzano, Neal	2017	12	19:02
Middleton, Trevor	2019	10	19:27
Jani, Jayant	2020	9	19:39
Diemer, Samuel	2018	11	19:44
Boero, Colin	2020	9	21:07

Meet Apple:

Skodi, Nathan

Invitational: Shore Track Coaches XC Invitational

Date: October 1st, 2016

Location: Holmdel Park, Holmdel, NJ

Top 12:

Adanatzian, Evan
Keyes, Paul
McBride, Connor
Schnell, Mason
Skodi, Nathan
Yates, Ethan
Kubarewicz, William
Bates, Domininc
Conner, Devin
Diemer, Samuel
Middleton, Trevor
Marzano, Neal

Meet Apple:

Diemer, Samuel

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>	<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Boero, Colin	2020	9	12:24	2 miles	Adanatzian, Evan	2018	11	16:29	5K
Jani, Jayant	2020	9	12:36	2 miles	Keyes, Paul	2018	11	17:06	5K
Lemley, Nicholas	2020	9	12:40	2 miles	McBride, Connor	2018	11	17:22	5K
Bates, Dean	2020	9	12:43	2 miles	Schnell, Mason	2018	11	17:44	5K
LaBelle, Ryan	2020	9	14:06	2 miles	Skodi, Nathan	2017	12	18:03	5K
Davis, Ryan	2020	9	14:12	2 miles	Yates, Ethan	2017	12	18:19	5K
Robinson, Chayne	2020	9	14:29	2 miles	Kubarewicz, William	2017	12	18:21	5K
Panichello, Alex	2020	9	14:30	2 miles	Bates, Domininc	2018	11	18:24	5K
Parker, Joe	2020	9	17:01	2 miles	Conner, Devin	2018	11	18:30	5K
					Diemer, Samuel	2018	11	19:04	5K
					Middleton, Trevor	2019	10	19:07	5K
					Thaler, Eric	2019	10	19:17	5K
					Van Liew, Dillon	2019	10	19:32	5K
					Leek, Nicholas	2017	12	20:07	5K
					Flaherty, Ryan	2019	10	20:08	5K
					Mamudsuki, Kyle	2017	12	20:14	5K
					Forte, Evan	2019	10	20:38	5K
					Pelusio, Spencer	2019	10	21:08	5K
					Deely, Caden	2019	10	21:10	5K
					Rea, Kenneth	2017	12	21:32	5K
					Springstead, David	2019	10	21:32	5K
					Yates, Luke	2017	12	21:45	5K
					Watson, Brooks	2019	10	22:34	5K
					Pierro, Matthew	2019	10	22:48	5K
					McDonnell, Matthew	2017	12	22:53	5K
					Johnston, Thomas	2019	10	22:58	5K
					Van Decker, Matthew	2018	11	25:54	5K
					Damato, Jake	2019	10	26:07	5K
					Schaub, Marty	2019	10	29:53	5K

Championship: Class A-South Championship

Date: October 13th, 2016

Location: Ocean County Park, Lakewood, NJ, NJ

Top 12:

Adanatzian, Evan
Keyes, Paul
McBride, Connor
Skodi, Nathan
Yates, Ethan
Schnell, Mason
Kubarewicz, William
Marzano, Neal
Conner, Devin
Thaler, Eric
Diemer, Samuel
Bates, Domininc

Meet Apple:

McBride, Connor
Forte, Evan
Mamudski, Kyle

Athlete	Class Of	Grade	Time	Distance
Keyes, Paul	2018	11	15:45	5k
McBride, Connor	2018	11	16:23	5k
Skodi, Nathan	2017	12	16:34	5k
Yates, Ethan	2017	12	16:54	5k
Schnell, Mason	2018	11	16:57	5k
Kubarewicz, William	2017	12	17:03	5k
Marzano, Neal	2017	12	17:27	5k
Conner, Devin	2018	11	17:29	5k
Thaler, Eric	2019	10	17:44	5k
Diemer, Samuel	2018	11	17:46	5k
Bates, Domininc	2018	11	17:54	5k
Boero, Colin	2020	9	17:58	5k
Middleton, Trevor	2019	10	17:58	5k
Jani, Jayant	2020	9	18:08	5k
Van Liew, Dillon	2019	10	18:13	5k
Forte, Evan	2019	10	18:16	5k
Mamudski, Kyle	2017	12	18:17	5k
Bates, Dean	2020	9	18:24	5k
Leek, Nicholas	2017	12	18:24	5k
Cespedes-Flores, Anthony	2020	9	18:59	5k
Lemley, Nicholas	2020	9	19:01	5k
Flaherty, Ryan	2019	10	19:18	5k
Coppolino, Philip	2020	9	19:26	5k
Deely, Caden	2019	10	19:29	5k
Ott, Ryan	2020	9	19:41	5k
Rea, Kenneth	2017	12	19:41	5k
Pelusio, Spencer	2019	10	20:05	5k
Andriani, Michael	2018	11	20:17	5k
Elassar, Michael	2018	11	20:19	5k
Adanatzian, Ryan	2020	9	20:25	5k
Watson, Brooks	2019	10	20:26	5k
Yates, Luke	2017	12	20:28	5k
LaBelle, Ryan	2020	9	20:29	5k
Pierro, Matthew	2019	10	20:44	5k
Maloney, Ryan	2020	9	20:56	5k
Davis, Ryan	2020	9	21:03	5k
Johnston, Thomas	2019	10	21:12	5k
McDonnell, Matthew	2017	12	21:19	5k
Panichello, Alex	2020	9	21:33	5k
Van Decker, Matthew	2018	11	23:40	5k
Damato, Jake	2019	10	23:41	5k
Schaub, Marty	2019	10	26:40	5k
Parker, Joe	2020	9	26:50	5k
Adanatzian, Evan	2018	11	DNF	5k
Robinson, Chayne	2020	9	DNF	5k

Championship: Ocean County Championships

Date: October 20th, 2016

Location: Ocean County Park, Lakewood, NJ, NJ

Top 12:

Adanatzian, Evan
Keyes, Paul
McBride, Connor
Skodi, Nathan
Yates, Ethan
Schnell, Mason
Kubarewicz, William
Marzano, Neal
Conner, Devin
Bates, Domininc
Thaler, Eric
Middleton, Trevor

Meet Apple:

Yates, Ethan
Flaherty, Ryan
Lemley, Nicholas

Athlete	Class Of	Grade	Time	Distance
Adanatzian, Evan	2018	11	15:43	5K
Keyes, Paul	2018	11	15:58	5K
McBride, Connor	2018	11	16:09	5K
Skodi, Nathan	2017	12	16:28	5K
Yates, Ethan	2017	12	16:34	5K
Schnell, Mason	2018	11	16:51	5K
Kubarewicz, William	2017	12	16:56	5K
Marzano, Neal	2017	12	17:32	5K
Conner, Devin	2018	11	17:36	5K
Bates, Domininc	2018	11	17:37	5K
Thaler, Eric	2019	10	17:45	5K
Middleton, Trevor	2019	10	17:48	5K
Diemer, Samuel	2018	11	17:52	5K
Van Liew, Dillon	2019	10	18:03	5K
Mamudsuki, Kyle	2017	12	18:09	5K
Leek, Nicholas	2017	12	18:23	5K
Forte, Evan	2019	10	18:39	5K
Flaherty, Ryan	2019	10	18:46	5K
Pelusio, Spencer	2019	10	19:36	5K
Springstead, David	2019	10	19:44	5K
Deely, Caden	2019	10	19:51	5K
Gutierrez, Kevin	2017	12	19:53	5K
Andriani, Michael	2018	11	20:11	5K
Elassar, Michael	2018	11	20:12	5K
Rea, Kenneth	2017	12	20:16	5K
Yates, Luke	2017	12	20:17	5K
Pierro, Matthew	2019	10	20:20	5K
Watson, Brooks	2019	10	20:26	5K
McDonnell, Matthew	2017	12	20:41	5K
Johnston, Thomas	2019	10	21:07	5K
Maloney, William	2017	12	22:30	5K
Damato, Jake	2019	10	23:22	5K
Piscioneri, Dylan	2019	10	23:29	5K
Van Decker, Matthew	2018	11	24:11	5K
Schaub, Marty	2019	10	24:31	5K
Athlete	Class Of	Grade	Time	Distance
Boero, Colin	2020	9	10:48	2 Miles
Jani, Jayant	2020	9	11:03	2 Miles
Bates, Dean	2020	9	11:04	2 Miles
Lemley, Nicholas	2020	9	11:09	2 Miles
Cespedes-Flores, Anthony	2020	9	11:15	2 Miles
Coppolino, Philip	2020	9	11:53	2 Miles
Adanatzian, Ryan	2020	9	11:54	2 Miles
Ott, Ryan	2020	9	12:05	2 Miles
LaBelle, Ryan	2020	9	12:22	2 Miles
Panichello, Alex	2020	9	12:42	2 Miles
Davis, Ryan	2020	9	12:46	2 Miles
Robinson, Chayne	2020	9	12:59	2 Miles
Parker, Joe	2020	9	14:27	2 Miles
Lieter, Keoni	2020	9	DNF	2 Miles

Varsity

1st Place – 46 points

1-5: 16:10 / 0:51

1-7: 16:23 / 1:13

JV

1st Place – 19 points

1-5: 17:40 / 0:16

1-7: 17:45 / 0:31

Frosh

1st Place – 19 points

1-5: 11:04 / 0:27

1-7: 11:18 / 1:06

Championship: Shore Conference Championships

Date: October 27th, 2016

Location: Ocean County Park, Lakewood, NJ, NJ

Top 12:

Adanatzian, Evan
Keyes, Paul
McBride, Connor
Skodj, Nathan
Yates, Ethan
Schnell, Mason
Kubarewicz, William
Marzano, Neal
Conner, Devin
Diemer, Samuel
Jani, Jayant
Thaler, Eric

Meet Apple:

Marzano, Neal
Schaub, Marty
Boero, Colin

<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Marzano, Neal	2017	12	17:14	5K
Conner, Devin	2018	11	17:20	5K
Diemer, Samuel	2018	11	17:53	5K
Jani, Jayant	2020	9	17:54	5K
Thaler, Eric	2019	10	17:59	5K
Bates, Domininc	2018	11	18:08	5K
Mamudsuki, Kyle	2017	12	18:10	5K
Van Liew, Dillon	2019	10	18:26	5K
Cespedes-Flores, Anthony	2020	9	18:33	5K
Leek, Nicholas	2017	12	18:33	5K
Middleton, Trevor	2019	10	19:03	5K
Forte, Evan	2019	10	19:11	5K
Coppolino, Philip	2020	9	19:23	5K
Rea, Kenneth	2017	12	19:24	5K
Pelusio, Spencer	2019	10	20:02	5K
Gutierrez, Kevin	2017	12	20:09	5K
Yates, Luke	2017	12	20:25	5K
Pierro, Matthew	2019	10	20:40	5K
Johnston, Thomas	2019	10	20:48	5K
Watson, Brooks	2019	10	22:24	5K
Damato, Jake	2019	10	23:09	5K
Van Decker, Matthew	2018	11	23:09	5K
Schaub, Marty	2019	10	23:26	5K
Piscioneri, Dylan	2019	10	24:22	5K
<u>Athlete</u>	<u>Class Of</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Boero, Colin	2020	9	10:48	2 Miles
Bates, Dean	2020	9	11:15	2 Miles
Ott, Ryan	2020	9	11:59	2 Miles
LaBelle, Ryan	2020	9	12:14	2 Miles
Panichello, Alex	2020	9	12:44	2 Miles
Davis, Ryan	2020	9	12:47	2 Miles
Maloney, Ryan	2020	9	12:59	2 Miles
Parker, Joe	2020	9	14:17	2 Miles

JV

4th Place – 129 points

1-5: 17:40 / 0:45

1-7: 17:48 / 0:56

Frosh

6th Place – 152 points

1-5: 11:48 / 1:56

1-7: 12:07 / 2:11

Championship: NJ Frosh-JV Championships

Date: November 2nd, 2016

Location: Thompson Park, Jamesburg, NJ



<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Conner, Devin	11	18:05	5K
Marzano, Neal	12	18:15	5K
Boero, Colin	9	18:21	5K
Diemer, Samuel	11	18:26	5K
Thaler, Eric	10	18:28	5K
Bates, Domininc	11	18:46	5K
Leek, Nicholas	12	18:51	5K
Mamudsuki, Kyle	12	18:57	5K
Jani, Jayant	9	19:00	5K
Middleton, Trevor	10	19:04	5K
Van Liew, Dillon	10	19:10	5K
Forte, Evan	10	19:31	5K
Bates, Dean	9	19:33	5K
Lemley, Nicholas	9	19:33	5K
Cespedes-Flores, Anthony	9	19:46	5K
Ott, Ryan	9	20:19	5K
Rea, Kenneth	12	20:30	5K
Coppolino, Philip	9	20:38	5K
Deely, Caden	10	20:40	5K
Yates, Luke	12	21:00	5K
Pierro, Matthew	10	21:02	5K
Watson, Brooks	10	21:16	5K
Adanatzian, Ryan	9	21:19	5K
Pelusio, Spencer	10	21:29	5K
Gutierrez, Kevin	12	21:40	5K
Andriani, Michael	11	22:00	5K
Panichello, Alex	9	22:00	5K
Elassar, Michael	11	22:00	5K
LaBelle, Ryan	9	22:01	5K
McDonnell, Matthew	12	22:09	5K
Johnston, Thomas	10	22:11	5K
Davis, Ryan	9	22:35	5K
Damato, Jake	10	25:15	5K
Piscioneri, Dylan	10	26:14	5K
Van Decker, Matthew	11	26:54	5K
Parker, Joe	9	27:08	5K

JUNIOR VARSITY

CHAMPIONSHIP: 21ST

JUNIOR VARSITY RED: 13TH

JUNIOR VARSITY BLUE: 14TH

FRESHMAN

CHAMPIONSHIP: 16TH

FRESHMAN OPEN: 7TH

Championship: NJSIAA Group 4 State Sectional Championships

Date: November 5th, 2016

Location: Delsea Regional High School, Franklinville, NJ

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Keyes, Paul	11	16:19	5K
Skodi, Nathan	12	16:42	5K
McBride, Connor	11	16:54	5K
Yates, Ethan	12	16:54	5K
Schnell, Mason	11	17:00	5K
Kubarewicz, William	12	17:17	5K
Adanatzian, Evan	11	DNF	5K

Top 5: 16:46 / 0:41

Top 7: No Data

Team Score:

5th

Championship: NJSIAA Group 4 State Championships

Date: November 12th, 2016

Location: Holmdel Park, Holmdel, NJ

<u>Athlete</u>	<u>Grade</u>	<u>Time</u>	<u>Distance</u>
Keyes, Paul	11	17:01	5K
Yates, Ethan	12	17:20	5K
Skodi, Nathan	12	17:29	5K
McBride, Connor	11	17:44	5K
Kubarewicz, William	12	17:55	5K
Schnell, Mason	11	17:59	5K
Adanatzian, Evan	11	DNF	5K

Top 5: 17:30 / 0:54

Team Score

14th

CLASS OF 2017

“SENIORS”





Quotes from Kevin:

“ ... ”

“Start last, Finish First”

Kevin Gutierrez

1st Year Varsity

Personal Best: 19:29

Grade	Date	Time	Meet	Location	Distance
12	2016.11.02	21:40	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
12	2016.10.27	20:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.20	19:53	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.09.10	15:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2015.10.29	19:29	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.22	20:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.15	19:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2015.09.18	20:17	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	13:16	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2014.10.23	20:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.04	21:59	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2014.09.13	13:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2013.10.24	13:12	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.17	12:40	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.08	23:16	Dual Meet vs. Brick Township & Toms River South	Southern Regional High School, Manahawkin, NJ	5k
9	2013.10.05	15:44	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2013.10.01	23:16	Dual Meet vs. Jackson Memorial	Jackson Memoriemorial High School, Jackson, NJ	5k
9	2013.09.24	27:11	Dual Meet vs. Brick Memorial & Toms River North	Brick Memorial High School, Brick, NJ	5k
9	2013.09.20	15:20	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.09.17	26:01	Dual Meet vs. Lacey Township & Toms River East	Southern Regional High School, Manahawkin, NJ	5k



Words from William:

This sport has taught me to not take anything for granted
because before you know it, it will all be over.

So enjoy your time here while you can.

William Kubarewicz

4th Year Varsity
Personal Best: 16:32

Grade	Date	Time	Meet	Location	Distance
12	2016.11.12	17:55	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
12	2016.11.05	17:17	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
12	2016.10.20	16:56	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.13	17:03	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2016.10.01	18:21	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2016.09.22	DNF	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
12	2016.09.16	16:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
12	2016.09.10	11:10	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2015.11.14	17:23	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
11	2015.11.07	16:47	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
11	2015.10.29	16:39	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.22	16:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.15	16:34	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2015.10.03	17:41	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2015.09.26	17:46	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
11	2015.09.18	16:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	10:56	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2014.11.15	17:54	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
10	2014.11.08	17:14	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
10	2014.10.30	16:42	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.23	16:45	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.09	16:53	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2014.10.04	18:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2014.09.27	18:19	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2014.09.19	16:41	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2014.09.13	10:57	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.17	18:12	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
9	2013.10.08	18:19	Dual Meet vs. Brick Township & Toms River South	Southern Regional High School, Manahawkin, NJ	5k
9	2013.10.05	20:05	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
9	2013.10.01	19:14	Dual Meet vs. Jackson Memorial	Jackson Memorial High School, Jackson, NJ	5k
9	2013.09.28	19:40	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
9	2013.09.24	19:20	Dual Meet vs. Brick Memorial & Toms River North	Brick Memorial High School, Brick, NJ	5k
9	2013.09.20	11:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.09.17	18:30	Dual Meet vs. Lacey Township & Toms River East	Southern Regional High School, Manahawkin, NJ	5k



Words from Nicholas:

Remember that if you are hurting, you're working. Whether
it's a run, workout, or race;
a moment of pain is worth everlasting glory.

Nicholas Leek

**1st Year Varsity
Personal Best: 18:23**

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2016.11.02	18:51	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
12	2016.10.27	18:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.20	18:23	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.13	18:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2016.10.01	20:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2016.09.16	18:54	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.10.03	20:01	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2015.09.18	19:00	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	12:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2014.10.30	18:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.23	18:35	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.09	18:41	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2014.09.23	13:21	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	2 Miles
10	2014.09.13	11:50	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Words from William:

Work hard every day because before you know it, it'll all be over and you don't want to walk away saying "I could've done better."

William Maloney
1st Year Varsity
Personal Best: 19:56

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2016.10.20	22:30	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.09.16	22:20	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	15:14	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2014.10.30	20:15	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.23	20:31	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.09	20:37	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2014.10.04	22:15	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2014.09.23	14:29	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	2 Miles
10	2014.09.19	19:56	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2014.09.13	13:13	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2013.10.24	11:57	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.17	12:19	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.08	21:17	Dual Meet vs. Brick Township & Toms River South	Southern Regional High School, Manahawkin, NJ	5k
9	2013.10.05	14:40	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2013.10.01	23:23	Dual Meet vs. Jackson Memorial	Jackson Memoriemorial High School, Jackson, NJ	5k
9	2013.09.24	21:40	Dual Meet vs. Brick Memorial & Toms River North	Brick Memorial High School, Brick, NJ	5k
9	2013.09.20	13:10	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.09.17	22:26	Dual Meet vs. Lacey Township & Toms River East	Southern Regional High School, Manahawkin, NJ	5k



Aristotle once said:

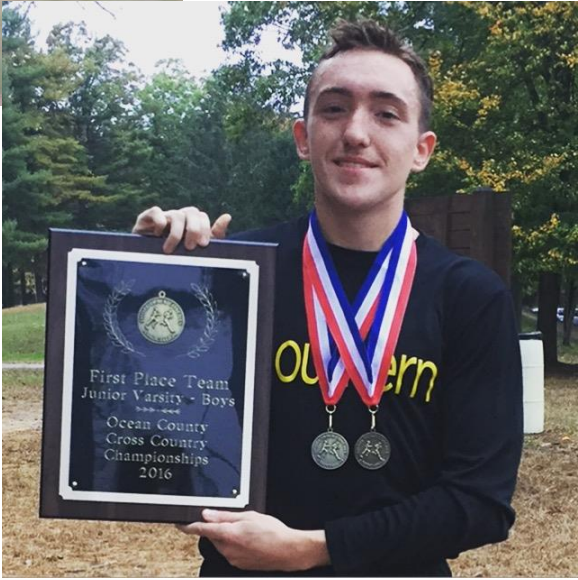
"Suffering becomes beautiful when anyone bears
great calamities with cheerfulness,
not through insensibility
but through greatness of mind."

Kyle Mamudsuki

1st Year Varsity

Personal Best: 18:09

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2016.11.02	18:57	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
12	2016.10.27	18:10	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.20	18:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.13	18:17	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2016.10.01	20:14	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2016.09.16	18:43	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
12	2016.09.10	12:58	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2015.10.29	19:08	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.22	19:22	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.15	19:15	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2015.10.03	21:47	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2015.09.18	20:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	13:46	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Words from Neal:

Everything coach has you do is for a reason. To get stronger and faster. Teammates, especially in cross country, are there for you as well. Never get discouraged because a teammate is faster than you. Make it your goal to work hard enough to be as fast as them. Your coach, and your teammates are two very important resources you should never take for granted.

Neal Marzano

**3rd Year Varsity
Personal Best: 17:14**

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2016.11.02	18:15	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
12	2016.10.27	17:14	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.20	17:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.13	17:27	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2016.09.22	19:02	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
12	2016.09.16	17:37	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
12	2016.09.10	11:46	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2015.10.29	17:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.22	17:50	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.03	18:44	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2015.09.26	19:03	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
11	2015.09.18	17:54	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	12:04	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2014.10.30	18:10	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.23	18:28	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.09	18:48	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2014.10.04	21:09	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2014.09.23	20:50	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	5k
10	2014.09.19	19:36	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2014.09.13	13:07	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Words from Matthew:

Always run your heart out like it's your last race, always go that extra mile, become the fastest and strongest runner you can be, if you're neck and neck with your competition be the tougher competitor and make the last stretch painful for them, and don't ever stop yourself and have a good time.

Matthew McDonnell

1st Year Varsity
Personal Best: 20:41

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2016.11.02	22:09	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
12	2016.10.20	20:41	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.13	21:19	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2016.10.01	22:53	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2016.09.16	20:56	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
12	2016.09.10	14:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2015.10.29	21:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.22	20:51	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.15	21:34	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2015.09.18	21:29	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	14:07	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2014.10.09	21:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2014.10.04	23:15	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2014.09.23	22:51	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	5k
10	2014.09.19	21:41	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2014.09.13	13:54	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



"We do not do things because they are easy, but because they are hard"

-John F. Kennedy

Kenneth Rea

1st Year Varsity

Personal Best: 19:02

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2016.11.02	20:30	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
12	2016.10.27	19:24	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.20	20:16	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.13	19:41	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2016.10.01	21:32	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2016.09.16	20:42	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
12	2016.09.10	13:45	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2015.10.29	19:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.22	19:49	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.15	DNS	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2015.10.03	20:47	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2015.09.18	19:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2014.10.30	19:57	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.23	19:19	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.09	19:45	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2014.10.04	22:32	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2014.09.23	21:03	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	5k
10	2014.09.19	19:02	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2014.09.13	12:28	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2013.10.24	11:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.17	11:56	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.05	13:37	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2013.10.01	22:24	Dual Meet vs. Jackson Memorial	Jackson Memorial High School, Jackson, NJ	5k
9	2013.09.24	21:25	Dual Meet vs. Brick Memorial & Toms River North	Brick Memorial High School, Brick, NJ	5k
9	2013.09.17	21:08	Dual Meet vs. Lacey Township & Toms River East	Southern Regional High School, Manahawkin, NJ	5k



Words from Nathan:

Running can take you on so many different journeys. There will be times to joke around and you will have stories that will stay with you forever; But when it is time to get to business you must take it seriously. My major key is consistency; with consistency comes success. Remember that we are what we repeatedly do. Therefore, excellence is not an act but is a habit. And know that you have the best coach in the county; and that if you listen to him the possibilities are endless.

Nathan Skodi

**4th Year Varsity
Personal Best: 16:28**

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2016.11.12	17:29	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
12	2016.11.05	16:42	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
12	2016.10.20	16:28	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.13	16:34	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2016.10.01	18:03	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2016.09.16	16:45	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
12	2016.09.10	11:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2015.10.29	17:16	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.22	17:25	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.15	17:10	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2015.10.03	18:13	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2015.09.26	18:23	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
11	2015.09.18	17:45	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	11:33	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2014.10.30	17:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.23	17:41	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.09	18:35	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2013.10.24	10:42	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.17	18:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
9	2013.10.08	18:04	Dual Meet vs. Brick Township & Toms River South	Southern Regional High School, Manahawkin, NJ	5k
9	2013.09.28	20:20	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
9	2013.09.20	10:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.09.17	18:21	Dual Meet vs. Lacey Township & Toms River East	Southern Regional High School, Manahawkin, NJ	5k



“The biggest obstacles I’ve ever faced were the ones placed by me.”

- RuPaul

Ethan Yates

**4th Year Varsity
Personal Best: 16:24**

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2016.11.12	17:20	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
12	2016.11.05	16:54	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
12	2016.10.20	16:34	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.13	16:54	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2016.10.01	18:19	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2016.09.16	16:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.11.14	17:14	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
11	2015.11.07	16:43	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
11	2015.10.29	16:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.22	16:24	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.15	16:33	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2015.10.03	17:18	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2015.09.26	17:11	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
11	2015.09.18	16:38	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	10:37	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2014.11.15	17:50	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
10	2014.11.08	17:17	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
10	2014.10.30	16:51	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.23	17:01	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.09	17:04	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2014.10.04	18:11	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2014.09.27	18:24	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
10	2014.09.19	16:49	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2014.09.13	10:59	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2013.10.24	10:52	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.17	18:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
9	2013.10.08	19:00	Dual Meet vs. Brick Township & Toms River South	Southern Regional High School, Manahawkin, NJ	5k
9	2013.10.05	20:06	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5k
9	2013.10.01	19:55	Dual Meet vs. Jackson Memorial	Jackson Memorial High School, Jackson, NJ	5k
9	2013.09.24	20:00	Dual Meet vs. Brick Memorial & Toms River North	Brick Memorial High School, Brick, NJ	5k
9	2013.09.20	11:13	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.09.17	18:45	Dual Meet vs. Lacey Township & Toms River East	Southern Regional High School, Manahawkin, NJ	5k



“Tough times never last but tough people do.”

- Dr. Robert

Luke Yates
1st Year Varsity
Personal Best: 19:39

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
12	2016.11.02	21:00	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
12	2016.10.27	20:25	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.20	20:17	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
12	2016.10.13	20:28	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
12	2016.10.01	21:45	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
12	2016.09.16	20:39	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
12	2016.09.10	14:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
11	2015.10.29	20:20	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.22	19:39	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
11	2015.10.03	21:46	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2015.09.18	20:14	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2015.09.12	13:04	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2014.10.30	21:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.23	20:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2014.10.09	20:50	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2014.10.04	23:01	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2014.09.19	20:45	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2014.09.13	14:17	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2013.10.24	13:41	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.17	14:01	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.10.08	24:15	Dual Meet vs. Brick Township & Toms River South	Southern Regional High School, Manahawkin, NJ	5k
9	2013.10.05	16:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2013.10.01	26:18	Dual Meet vs. Jackson Memorial	Jackson Memorial High School, Jackson, NJ	5k
9	2013.09.20	14:43	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2013.09.17	16:39	Dual Meet vs. Lacey Township & Toms River East	Southern Regional High School, Manahawkin, NJ	2 Miles

CLASS OF 2018

“JUNIORS”







Evan Adanatzian

3rd Year Varsity
Personal Best: 15:45

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.12	DNF	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
11	2016.11.05	DNF	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
11	2016.10.20	15:43	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	DNF	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	16:29	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	DNF	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
10	2015.11.14	16:58	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
10	2015.11.07	16:33	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
10	2015.10.29	16:20	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	16:19	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	16:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	16:58	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.26	17:08	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2015.09.18	16:31	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	10:41	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.11.15	17:55	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
9	2014.11.08	17:48	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
9	2014.10.30	16:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	17:25	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	17:08	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	18:18	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.27	18:33	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
9	2014.09.19	17:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2014.09.13	11:29	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Michael Andriani

Junior Varsity
Personal Best: 20:11

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.02	22:00	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.20	20:11	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	20:17	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.09.16	20:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	13:37	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	20:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	21:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	20:54	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	24:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.18	22:25	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	13:54	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



James Barbaccia
Junior Varsity
Personal Best: 19:38

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2015.10.29	24:30	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	24:30	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	24:23	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	26:51	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.18	25:03	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	15:21	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Dominic Bates

2nd Year Varsity

Personal Best: 17:28

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.02	18:46	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.27	18:08	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.20	17:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	17:54	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	18:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	18:51	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
11	2016.09.16	17:28	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	11:22	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	17:50	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	17:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	17:32	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	19:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.26	19:17	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2015.09.18	18:08	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	11:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.10.30	20:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	20:05	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	19:38	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	21:54	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.23	14:29	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	2 Miles
9	2014.09.19	12:07	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2014.09.13	12:54	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Colin Beecroft

Junior Varsity
Personal Best: 21:19

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2015.10.03	24:01	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.10.29	22:31	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	22:53	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	22:43	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.09.18	23:23	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	14:44	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.10.30	21:45	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	21:19	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	21:26	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	23:01	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.23	14:58	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	2 Miles
9	2014.09.19	12:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2014.09.13	13:40	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Devin Conner

3rd Year Varsity
Personal Best: 17:16

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.02	18:05	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.27	17:20	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.20	17:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	17:29	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	18:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	18:29	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
11	2016.09.16	17:16	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	11:23	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	17:30	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	17:55	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	17:19	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	18:40	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.26	18:53	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2015.09.18	18:10	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	11:20	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.10.30	18:10	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	18:12	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	18:18	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	20:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.27	19:52	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
9	2014.09.19	18:26	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2014.09.13	11:53	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Samuel Diemer

1st Year Varsity
Personal Best: 17:46

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.02	18:26	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.27	17:53	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.20	17:52	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	17:46	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	19:04	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	19:44	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
11	2016.09.16	18:15	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	12:02	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	19:30	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	19:51	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	19:33	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	22:09	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.18	20:19	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	12:55	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.10.30	19:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	20:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	19:50	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	21:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.23	14:47	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	2 Miles
9	2014.09.19	12:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2014.09.13	13:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Michael Elassar

Junior Varsity
Personal Best: 19:35

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.02	22:00	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.20	20:12	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	20:19	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.09.16	20:09	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	13:27	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles





Paul Keyes Jr.

3rd Year Varsity
Personal Best: 15:45

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.12	17:01	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
11	2016.11.05	16:19	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
11	2016.10.20	15:58	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	15:45	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	17:06	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	17:12	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
11	2016.09.16	16:05	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	10:27	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.11.14	17:23	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
10	2015.11.07	16:38	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
10	2015.10.29	16:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	16:38	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	16:23	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	17:35	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.18	16:33	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	10:43	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.11.15	17:20	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
9	2014.11.08	16:59	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
9	2014.10.30	16:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	16:39	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	16:43	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	18:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.23	11:52	2 Mile Meet vs. CBA	Holmdel Park, Holmdel, NJ	2 Miles
9	2014.09.19	10:04	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2014.09.13	10:46	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Connor McBride

3rd Year Varsity
Personal Best: 16:09

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.12	17:44	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
11	2016.11.05	16:54	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
11	2016.10.20	16:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	16:23	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	17:22	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	17:37	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
10	2015.11.14	19:59	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
10	2015.11.07	DNF	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
10	2015.10.29	16:43	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	16:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	16:42	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	17:46	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.26	17:55	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2015.09.18	16:59	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	10:52	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2014.10.30	17:18	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.23	17:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
9	2014.10.09	17:32	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2014.10.04	18:51	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.27	19:12	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
9	2014.09.19	17:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2014.09.13	11:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles

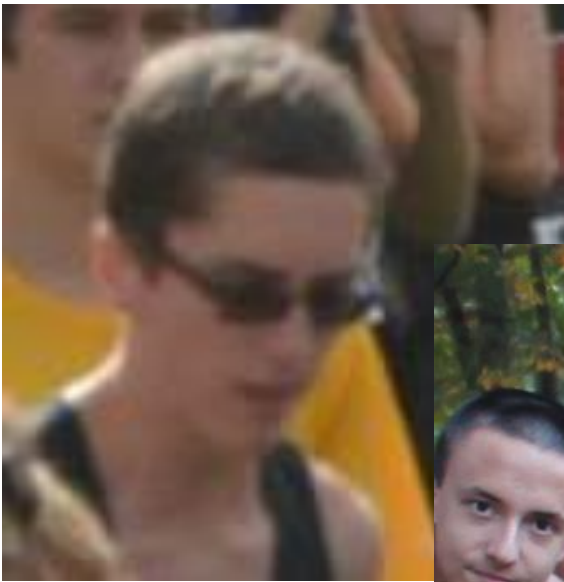


Mason Schnell

2nd Year Varsity

Personal Best: 16:51

Grade	Date	Time	Meet	Location	Distance
11	2016.11.12	17:59	NJSIAA Group 4 State Championships	Holmdel Park, Holmdel, NJ	5K
11	2016.11.05	17:00	NJSIAA Group 4 State Sectional Championships	Delsea Regional High School, Franklinville, NJ	5K
11	2016.10.20	16:51	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	16:57	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	17:44	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.22	18:09	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
11	2016.09.16	17:01	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	10:59	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	DNF	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	17:13	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	17:10	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	DNF	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2015.09.26	18:41	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
10	2015.09.18	18:02	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2015.09.12	11:17	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Matthew Van Decker

Junior Varsity
Personal Best: 23:09

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
11	2016.11.02	26:54	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
11	2016.10.27	23:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.20	24:11	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
11	2016.10.13	23:40	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
11	2016.10.01	25:54	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
11	2016.09.16	25:06	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
11	2016.09.10	16:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
10	2015.10.29	26:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.22	26:58	Ocean County Championships	Ocean County Park, Lakewood, NJ	5k
10	2015.10.15	25:01	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2015.10.03	30:23	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
9	2014.09.13	14:38	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles

CLASS OF 2019
“SOPHOMORES”





Jake Damato

Junior Varsity
Personal Best: 20:09

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.11.02	25:15	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	23:09	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	23:22	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	23:41	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	26:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	24:07	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	17:12	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Caden Deely

Junior Varsity
Personal Best: 19:29

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.11.02	20:40	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.20	19:51	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	19:29	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	21:10	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.10	14:01	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Ryan Flaherty
Junior Varsity
Personal Best: 18:46

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.10.20	18:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	19:18	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	20:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	19:13	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	12:30	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	11:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	12:08	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	20:03	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.10.03	14:32	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2015.09.18	12:55	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	13:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Evan Forte
1st Year Varsity
Personal Best: 18:16

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.11.02	19:31	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	19:11	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	18:39	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	18:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	20:38	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	18:56	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	13:38	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	11:58	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	11:57	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	19:46	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.09.18	11:58	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	13:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Thomas (TJ) Johnston
Junior Varsity
Personal Best: 20:48

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.11.02	22:11	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	20:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	21:07	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	21:12	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	22:58	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	21:58	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	14:42	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Trevor Middleton

Junior Varsity
 Personal Best: 17:48

Grade	Date	Time	Meet	Location	Distance
10	2016.11.02	19:04	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	19:03	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	17:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	17:58	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	19:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.22	19:27	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
10	2016.09.16	18:08	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	12:14	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	11:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	11:32	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.03	13:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles



Spencer Pelusio

Honorary Varsity
 Personal Best: 19:36

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.11.02	21:29	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	20:02	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	19:36	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	20:05	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	21:08	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	20:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	13:34	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	12:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	12:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	20:11	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.09.18	12:36	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	13:02	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Matthew Pierro
Junior Varsity
Personal Best: 20:20

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.11.02	21:02	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	20:40	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	20:20	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	20:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	22:48	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	21:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	14:09	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	13:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	13:28	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	22:00	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.10.03	16:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2015.09.18	13:44	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	14:31	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Dylan Piscioneri
Junior Varsity
Personal Best: 23:29

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.11.02	26:14	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	24:22	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	23:29	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.09.16	24:49	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	15:26	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Marty Schaub
Junior Varsity
Personal Best: 23:26

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.10.27	23:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	24:31	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	26:40	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	29:53	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	26:46	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	17:32	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.22	14:43	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	26:19	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k



David Springstead

Junior Varsity
Personal Best: 18:23

Grade	Date	Time	Meet	Location	Distance
10	2016.10.20	19:44	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.01	21:32	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	20:14	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2015.10.29	11:12	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	11:02	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	18:23	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.10.03	13:07	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2015.09.18	19:32	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2015.09.12	12:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Eric Thaler
2nd Year Varsity
Personal Best: 17:40

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.11.02	18:28	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	17:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	17:45	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	17:44	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	19:17	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.22	18:57	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
10	2016.09.16	17:40	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	11:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	11:05	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	11:00	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	18:16	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.10.03	12:39	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2015.09.26	19:29	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5k
9	2015.09.18	18:27	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2015.09.12	11:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Dillon Van Liew

1st Year Varsity
Personal Best: 10:08

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.11.02	19:10	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	18:26	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	18:03	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	18:13	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	19:32	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	18:23	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	12:54	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Brooks Watson

Junior Varsity
 Personal Best: 20:26

Grade	Date	Time	Meet	Location	Distance
10	2016.11.02	21:16	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
10	2016.10.27	22:24	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.20	20:26	Ocean County Championships	Ocean County Park, Lakewood, NJ	5K
10	2016.10.13	20:26	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
10	2016.10.01	22:34	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	5K
10	2016.09.16	21:15	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
10	2016.09.10	14:08	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	12:37	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.22	12:37	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	20:30	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.09.18	12:47	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.09.12	14:25	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Drew Wilgus
Junior Varsity
Personal Best: 18:45

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
10	2016.09.10	12:55	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles
9	2015.10.29	18:45	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5k
9	2015.10.22	11:15	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2015.10.15	18:58	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2015.10.03	13:00	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 Miles
9	2015.09.18	20:23	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2015.09.12	12:19	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles

CLASS OF 2020

“FRESHMAN”





Ryan Adanatzian
Junior Varsity
Personal Best: 20:25

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2016.11.02	21:19	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.20	11:54	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	20:25	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k



Dean Bates
1st Year Varsity
Personal Best: 18:24

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2016.11.02	19:33	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	11:15	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	11:04	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	18:24	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	12:43	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	18:30	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2016.09.10	12:17	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Colin Boero
1st Year Varsity
Personal Best: 17:58

Grade	Date	Time	Meet	Location	Distance
9	2016.11.02	18:21	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	10:48	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	10:48	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	17:58	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	12:24	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.22	21:07	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
9	2016.09.16	18:16	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2016.09.10	12:15	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Anthony Flores
Junior Varsity
Personal Best: 18:33

Grade	Date	Time	Meet	Location	Distance
9	2016.11.02	19:46	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	18:33	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2016.10.20	11:15	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	18:59	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.09.10	12:17	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Philip Coppolino

Junior Varsity
Personal Best: 19:23

Grade	Date	Time	Meet	Location	Distance
9	2016.11.02	20:38	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	19:23	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2016.10.20	11:53	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	19:26	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.09.16	11:47	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	13:39	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Ryan Davis

Junior Varsity
Personal Best: 21:03

Grade	Date	Time	Meet	Location	Distance
9	2016.11.02	22:35	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	12:47	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	12:46	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	21:03	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	14:12	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	13:11	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	14:18	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Jayant Jani
1st Year Varsity
Personal Best: 17:54

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2016.11.02	19:00	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	17:54	Shore Conference Championships	Ocean County Park, Lakewood, NJ	5K
9	2016.10.20	11:03	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	18:08	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	12:36	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.22	19:39	Bowdoin Park Cross Country Classic	Bowdoin County Park, Wappingers Falls, NY	5K
9	2016.09.16	18:12	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	5k
9	2016.09.10	12:00	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Ryan LeBelle
Junior Varsity
Personal Best: 20:29

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2016.11.02	22:01	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	12:14	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	12:22	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	20:29	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	14:06	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	12:57	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	14:24	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Nicholas Lemley
Junior Varsity
Personal Best: 19:01

Grade	Date	Time	Meet	Location	Distance
9	2016.11.02	19:33	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.20	11:09	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	19:01	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	12:40	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	11:37	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles



Keoni Lieter
1st Year Varsity
Personal Best: N/T

Grade	Date	Time	Meet	Location	Distance
9	2016.10.20	DNF	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	11:31	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Ryan Maloney
Junior Varsity
Personal Best: 20:56

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2016.10.27	12:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	20:56	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.09.16	12:29	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	15:25	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Ryan Ott
Junior Varsity
Personal Best: 19:41

<u>Grade</u>	<u>Date</u>	<u>Time</u>	<u>Meet</u>	<u>Location</u>	<u>Distance</u>
9	2016.11.02	20:19	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	11:59	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	12:05	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	19:41	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.09.16	11:47	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	12:48	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Alex Panichello
Junior Varsity
Personal Best: 21:33

Grade	Date	Time	Meet	Location	Distance
9	2016.11.02	22:00	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	12:44	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	12:42	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	21:33	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	14:30	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	13:09	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles



Joseph Parker
Junior Varsity
Personal Best: 26:50

Grade	Date	Time	Meet	Location	Distance
9	2016.11.02	27:08	NJ Frosh/JV State Championships	Thompson Park, Jamesburg, NJ	5K
9	2016.10.27	14:17	Shore Conference Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.20	14:27	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	26:50	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	17:01	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	16:02	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles



Alexander Reck

Junior Varsity
Personal Best:N/T

Grade	Date	Time	Meet	Location	Distance
9	2016.09.16	12:18	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	13:51	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles



Chayne Robinson

Junior Varsity
Personal Best: N/T

Grade	Date	Time	Meet	Location	Distance
9	2016.10.20	12:59	Ocean County Championships	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.10.13	DNF	Class A-South Championship	Ocean County Park, Lakewood, NJ	5k
9	2016.10.01	14:29	Shore Track Coaches XC Invitational	Holmdel Park, Holmdel, NJ	2 miles
9	2016.09.16	12:54	Battle at Ocean County Park	Ocean County Park, Lakewood, NJ	2 Miles
9	2016.09.10	14:35	Cherokee Challenge	Cherokee High School, Marlton, NJ	2 Miles





Gentlemen,

I will carry the memories of each and every one of you forever. Thank you for allowing me to be a part of your lives and thank you for being such a large part of mine.

Coach Baker



BELIEVE!